#### SYNERGY EDUCATION INITIATIVE

# **Teach These Children**

#### **Fivefold enrichment**



## His Banner Over Me is Love

What did you do last week that was creative with your child? Was it something new that you attempted to get them interested in, or did you default towards what you know they like? Worse yet, perhaps you don't see the full value in Creative Tuesday so it tends to fall way down low on your list of priorities. It's time to start thinking out of the box so your children grow into well-balanced adults with the ability to manage stress.

## Activity

This is perhaps the area that is most overlooked, especially for boys. However, it is key in helping our children learn to be comfortable expressing their feelings and emotions and, moreover, how to manage stress in a healthy, productive manner. If your child is not into arts, music, instruments, dance, or other traditional arts, then it's time to begin deep dive with them. You will need to commit time on a schedule - perhaps every other week you research something that you could try with you child. How about origami? Stone sculptures, carpentry, learning to cut hair using clippers, culinary arts, or even shabbat arts may be worth looking into. Perhaps it sounds like too much work now, but your child will thank you when they finally find that hobby that they absolutely love. We all have one! We know this because our Heavenly Father is creative- he created us all and in his like image. He created us in his image with the same desire and ability to create!

## TIPS

If you child is a bit older, it is key you try new activities alongside them. This will help with the relationship and break down inhibitions they may have. Child's belief about self...



I am balanced

**Family supports development of...** Toolset

Focus area: knowing self

## GOAL

Keep trying new activities until you find the one that really hits your child's heart.

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