

# Teach These Children

## Fivefold enrichment



## Choice & Accountability

When a child is constantly directed and told what to do, they are left with little time to think for themselves. Present a child with choices and give them the opportunity to learn about consequences and accountability. When this is done correctly children learn to think critically and develop a fierce sense of independence.

### Activity

In order to learn and grow it is necessary for children to experience through experimentation. Meaningful learning takes place when children experiment... in other words, children learn by trial and error. When we try to prevent them from the consequences of their choices- no matter how small or big those consequences are, we withhold valuable opportunities for meaningful growth towards independence. As a parent you can facilitate this by providing them with opportunities that allow them to safely experience the consequences of their actions. For example, a child wants to try a hot pepper. Explain what will happen, and, if they choose to try it anyway, let them. Don't try to talk them out of it - they need to experience the reaction to learn. Other opportunities might include splashing in puddles, staying up too late, not eating what's cooked for you, or leaning back in the chair. It might be painful to watch your child learn these lessons but rushing to the rescue prevents them from valuable lessons for growth.

### TIPS

Resist the urge to jump in and correct the situation. Instead help talk them through an understanding of cause and effect. In the long run they'll thank you.



### Child's belief about self...

I am equipped

### Family supports development of...

Skillset

### Focus areas

- Behavioral

### GOAL

Create opportunities for your child to experiment with cause and effect with real world scenarios.