

Teach These Children

Fivefold enrichment



Diner Drawings & Paper planes

As your child naturally begins to drift from their toys to spending more time socializing with friends, they may want more time on their phone. This, my friends, is the time to ensure they have outlets for creativity. It's best to prepare for this in advance so you have time to encourage and foster whatever creative outlets they will carry on from here. Whether it's music, dance, cooking, or painting, you want to ensure they have something that makes them feel good when friends, school and life doesn't. This ensures a healthy way to independently manage stress creating balance.

Activity

You never know where your child might find inspiration for creativity so for as long as you can, find ways to spark that interest. Let them take pictures on your phone searching for that perfect shot. Carry a little drawing pad with you and some fun markers. Going out for a meal is a great time to bust out those coveted gel pens. Start with a game of hang man or a silly scribble. The next thing you know they'll be asking for the pen. No pens? Try paper planes. The key is to follow up on any interest they show. If they liked making a paper plane, there's your perfect intro to Origami!

TIPS

This may seem silly or more effort than it's worth if creativity isn't your thing or theirs, but consider the vices they could turn to for stress management. Keep at it- something will eventually spark!



Child's belief about self...

I am balanced

Family supports development of...

Toolset

Focus area:
Creativity

GOAL

Create opportunities to spark your child's creative interests when "toys" are no longer of interest.

LEVEL

3