

# Teach These Children

## Fivefold enrichment

### High Five for Prayer

Helping your child develop a sense of spiritual well being is much easier than you might think.

Perhaps God is not a topic you regularly speak about. Maybe you have never spoke of God to your child. No problem. You can begin here.



Children are comforted by the protection of their parents, and can assimilate that same feeling when you begin with a simple explanation that God is everyones Father and He lives in heaven. Explain that He loves to hear from us and although we call it prayer, it is just the same as talking with our friends or family. God loves us and doesn't need us to be fancy or wordy.

What do we pray about? Simple! Tell your child to talk about their day and things that want help with. Using the remaining 4 fingers to categorize, talk about and ask God to help them. This teaches that our Father wants to talk, hear our requests, and positions children think of the needs of others.

### TIPS

Since we don't all hear God's audible voice, your child will likely want to know why they don't hear God. Don't panic. Explain that God speaks in different ways- in church, in reading the Bible, through a friend or family member. Like any other relationship, it will take time to get to know Him.



**Child's belief about self...**

I am grounded

**Family supports development of...**

Wellness

**Focus area:**

Spiritual development.

### GOAL

Use your hand as a visual reminder that God wants to hear from us about how He can help people in all areas of our life.

### LEVEL

2