

# Teach These Children

## Fivefold enrichment



### Knowledge is Power

Thursday's focus area of "choice and control" focuses on everything necessary for your child to understand that they are not powerless—in fact, the principles are intended to develop a mindset of ingenuity. To this end, problem solving skills are an excellent way to usher in new skillsets.

### Activity

Create scenarios and discuss them with your child to make problem solving skills relative to their life. If your child is 3-5, some of the best questions to ask are, "what would you do if we were in a store and suddenly you couldn't find me?" Does your child know your first and last names, home address and phone number? Do they know what not to do? If your child is 5-7 you might ask what to do if there is an emergency in the house. Do they know the neighbors, have or know where a spare key is located? Discussions with older children might include knowing what an allergic reaction looks like and what to do if a parent or sibling had one. If the family had to leave in a hurry, what would your "go bag" include, and if the family was separated, what would they do. After a few successful discussions, the fear these questions may elicit will turn to confidence for both you and your child.

### TIPS

Emergency situations can be very scary – especially for children. Rather than refraining from this activity for that reason, try to remember you are equipping them to feel ready in the face of an actual emergency.



### Child's belief about self...

I am equipped

### Family supports development of...

Skillset

### Focus areas

- Choice & Control

### GOAL

Present real world problems to sharpen your child's problem solving skills and confidence in knowing they are equipped to control the outcome of their situation.

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