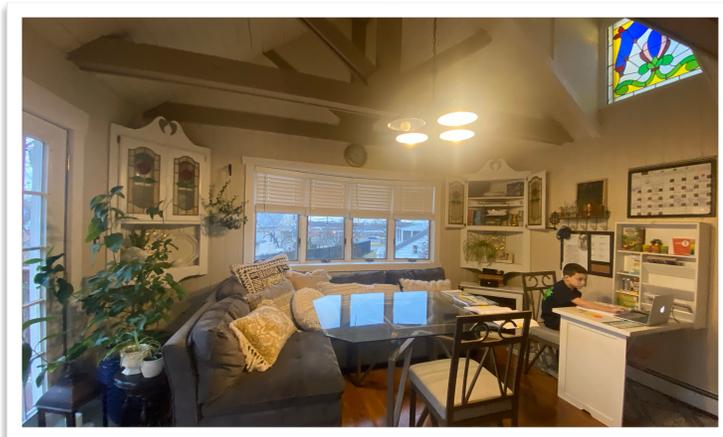


Teach These Children

Fivefold enrichment



Organizing Your Workspace

It's tough to be motivated when your space is cluttered and disorganized. Organizing your physical space can provide a sense of order that the brain needs to process information effectively. For a child, creating this sense of order is imperative to developing executive functioning skills.

Activity

If you don't already have a work space designated for your child, now is the time to set one up. Ideally, this space should not be in a high-traffic room in your home and should be free from distractions. You and your child can work together to set up the space with all the fun things he or she will need to feel good about doing their seat/homework in their desk area. You will want to stock the desk area with items that will help your child to easily complete their work. Choose some special pencils and be sure to keep a sharpener handy. A few erasers, colored pencils, scissors and glue are essentials, but don't forget tissues and water bottle to stay hydrated. Finally, talk to your child about the importance of keeping the space neat and set parameters around daily routines. For example, you might say, "everyday when you come home from school, unpack your backpack at your desk so you have a visual reminder of what your homework is." You might also set a timer at the desk as a reminder that homework needs to be done at a certain time each day.

TIPS

Get your child thinking about what they need to be at their best by periodically asking if the space is working for them, including consider lighting and seating.



Child's belief about self...

I am motivated

Family supports development of...

Growth Mindset

Focus area:

Self Reflection

GOAL

Create an opportunity for your child to reflect on what type of environment they need to be at their best.

LEVEL

3