

# Teach These Children

## Fivefold enrichment



## Standing Firm on Your Beliefs

Learning to stand up for yourself and your beliefs with confidence takes courage and practice. Give your child the skills to stand on their faith.

### Activity

Ask your child how they feel when they observe something that is morally wrong. Is there a physical feeling like a nervous stomach or sweaty hands or anger and a surge of energy? How do they respond to peer pressure to lie, steal, or a friend being unkind to another friend. Talk to them about what is morally right and wrong and why your family believes this to be true using the 10 commandments as a guide. Post them in a highly visible area to spark regular conversations about how they apply to daily activities at home and with their friends. Now it's time to teach and practice the language they need in order to communicate their beliefs to others when they aren't with you. For example, Suzy asked Jane to take a pencil case from Maria's desk today but Jane didn't feel comfortable so she didn't do it. That's a great start if Jane is your child. Now help her level up her confidence and language by recreating the scenario at home. Teach her to be clear by saying something like, "no, that's stealing." Perhaps in this scenario Suzy says, "it's not really a big deal; we are borrowing, not stealing". Have your child practice what to say back. In my family we would say something like, "sin is sin". What's more important is that you decide with your family what you believe and how it can be communicated with confidence.

### TIPS

When you pray, ask the Lord to help you instill the importance in the hearts and minds of your children. Pray aloud to model how they can pray the same.



**Child's belief about self...**

I am grounded

**Family supports development of...**

Wellness

**Focus area:**

Social, emotional & spiritual development.

### GOAL

Practice helping your child use the language to communicate their beliefs.

### LEVEL

1