

# Teach These Children

## Fivefold enrichment



### Yes, No, Yes

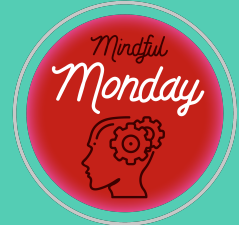
Moms and Dads, here is the reassurance you need to know it is absolutely OK to change your mind. All growth requires us to change. Sometimes we are actively seeking growth and change, and other times we just happen upon it. How we teach our children to respond to the latter matters.

### Activity

Have you ever been proven wrong in an argument with your child and were suddenly unsure how to react? I am here to let you know, it happens to the best of us and it's okay. It's how we react in those moments that will teach our children whether a growth mindset is a theory or something to be embraced in practice. More over, it is how we respond to said change when we aren't seeking it. Be intentional to teach your child that it is okay to be proven wrong. Be quick to acknowledge when you are proven wrong and apologize if you need to. Be aware of your tone and attitude. Are you begrudgingly apologizing or thanking them for enlightening you? Your reaction matters! You need to model the behaviors you wish to see from them. Similarly, acknowledge with your children when you have changed your mind about something. Whether it's after you told them they could go to that party, or maybe its on a political stance. Regardless of the issue, normalize the change that comes about from any type of growth.

### TIPS

This may be harder for you than it is for your child. Remember, if you can't do it, you cannot expect your child to do it. Change is hard and that's okay for you too.



**Child's belief about self...**

I am motivated

**Family supports development of...**

Growth Mindset

**Focus area:**

Research skills

### GOAL

Model the growth mindset you wish to see your child develop.

### LEVEL

1